



# Travel 101: Samantha's Study Guide

*Places to Love* is a travel show that focuses on destinations, experiences and the people who make us feel like we are a part of a place.

These companion study guides foster opportunities for conversation and critical thinking. *A great question to ask at the end of every segment:* "What did that person (or group of people) do to connect with other people?"

For more study guides from *Places to Love*, visit [samantha-brown.com/study](http://samantha-brown.com/study)

## **"Bern Region, Switzerland" K-5 Study Guide**

### **A CHEESE-FUELED ADVENTURE IN GSTAAD**

1. Where is Switzerland located?
2. Where is the cheese stored?
3. How many wheels of cheese are stored in the cheese cave?
4. Have you ever had fondue?

### **SCHYNYGE PLATTE BOTANICAL ALPINE GARDEN**

1. How do you get to Wilderswil?
2. How old is the train?
3. What does Schynige Platte mean?
4. How many different species of plants can be found at this Alpine garden?

\*Remember to bend down and thank a flower!

## **LAUTERBRUNNEN BY BICYCLE**

1. What local foods might you find in a vending machine on the bike trail in Lauterbrunnen?
2. What is BASE jumping?
3. How far did Lucy jump?
4. How fast did she fall?

*Kids ask your adult: Would they ever let you Base Jump? Go ahead...ask.*

## **BERN: THE CAPITAL CITY THAT SETS ITS OWN PACE**

1. What is the Capital of Switzerland?
2. What is the symbol of Bern?
3. What is The Zeitglockenturm?
4. What bird comes out every hour?

## **A TRIP IN A BOTTLE: PERFUMER BRIGITTE WITSCHI**

1. Do you have a favorite scent?
2. How many scents are layered to create personalized perfume?
3. When creating the scent for Bern what was the perfumer thinking about?

## **THE WORLDS COOLEST COMMUTE**

1. Where does the Aare River run?
2. When might you pop into the river?
3. If you put your head under the water what will you hear?
4. Instead of swimming in the river you \_\_\_\_\_ on the river.

## **Supplemental Activities:**

**Make fondue!** Dip bread chunks, veggies, pears, apples—you get the idea!

<https://www.foodnetwork.com/recipes/tyler-florence/cheese-fondue-recipe-1906678>

**Make your own clock.** A few interesting ideas:

<https://www.hellowonderful.co/post/9-creative-diy-clocks-to-help-kids-tell-time/>

**Grow your own wildflowers or other seedlings.**

<https://www.pbs.org/parents/crafts-and-experiments/grow-seedlings-in-an-egg-carton>

## Answer Key

### **A Cheese-fueled adventure in Gstaad**

1) Smack dab in the middle of Europe 2) In a cave 3) 3,000 4) Yes/ No

### **Schynige Platte Botanical Alpine Garden**

1) Cog wheel train! 2) 120 years old 3) Shining Plate 4) Over 600

### **Lauterbrunnen by Bicycle**

1) Meat, cheeses, and snacks. 2) Jumping off a fixed object 3) 680 meters  
4) 140 kilometer per/second

### **Bern: The Capital City that sets Its own pace**

1) Bern 2) A Bear 3) The time keeper 4) Rooster

### **A trip in a Bottle: Perfumer Brigitte Witschi**

1) My favorite scent is \_\_\_\_\_ 2) Three 3) The river, rose garden and the softness of the city.

### **The Worlds Coolest Commute**

1) Right through the city of Bern 2) On your lunch break 3) The rolling of the stones on the river bed. 4) Instead of swimming in the river you float on the river.