



Travel 101: Samantha's Study Guide

Places to Love is a travel show that focuses on destinations, experiences and the people who make us feel like we are a part of a place.

These companion study guides foster opportunities for conversation and critical thinking. *A great question to ask at the end of every segment:* "What did that person (or group of people) do to connect with other people?"

For more study guides from *Places to Love*, visit samantha-brown.com/study

"Bern Region, Switzerland" Junior High Study Guide

A CHEESE-FUELED ADVENTURE IN GSTAAD

1. Where is Switzerland located?
2. What is more important than money in Gstaad?
3. The Dairy of Gstaad is a co-operative, how many farmers contribute milk supply to the dairy?
4. How long do they age the cheese?
5. How much does a cheese wheel weigh?
6. How deep underground is the cheese cave?
7. Have you ever had fondue?

SCHYNIGE PLATTE BOTANICAL ALPINE GARDEN

1. How high does the cog wheel railroad climb?
2. What are a few different uses for the alpine plants?
3. What does Schynige Platte mean?

4. Where did the name Schynige Platte come from?
5. What year did the garden open?

*Remember to bend down and thank a flower!

LAUTERBRUNNEN BY BICYCLE

1. What local foods might you find in a vending machine on the bike trail in Lauterbrunnen?
2. What is BASE jumping?
3. How far did Lucy jump?
4. How fast did she fall?
5. How many miles per hour is that?

Kids ask your adult: Would they ever let you Base Jump? Go ahead...ask.

BERN: THE CAPITAL CITY THAT SETS ITS OWN PACE

1. What is the Capital of Switzerland?
2. What is the symbol of Bern?
3. What is The Zeitglockenturm?
4. What year are the clocks original mechanisms from?
5. Who is the God of time?
6. What are the time keeper three main duties ; _____, _____, _____

Fun Fact: The clock tower supposedly helped Albert Einstein hone his special Theory of Relativity, developed while working as a patent clerk in Bern.

A TRIP IN A BOTTLE: PERFUMER BRIGITTE WITSCHI

1. Do you have a favorite scent?
2. How many scents are layered to create personalized perfume?
3. When creating the scent for Bern what was the perfumer thinking about?

THE WORLDS COOLEST COMMUTE

1. Where does the Aare River run?
2. What do you use to carry your things while you float that doubles as a floating device?
3. Where does the water come from?
4. Instead of getting in your car, walking, or biking home from work, in Bern you might _____ home.
5. If you put your head under the water what will you hear?

Supplemental Activities:

Make fondue! Dip bread chunks, veggies, pears, apples—you get the idea!

<https://www.foodnetwork.com/recipes/tyler-florence/cheese-fondue-recipe-1906678>

Make your own clock. A few interesting ideas:

<https://www.hellowonderful.co/post/9-creative-diy-clocks-to-help-kids-tell-time/>

Grow your own wildflowers or other seedlings.

<https://www.pbs.org/parents/crafts-and-experiments/grow-seedlings-in-an-egg-carton>

Answer Key

A Cheese-fueled adventure in Gstaad

- 1) Smack dab in the middle of Europe
- 2) Milk
- 3) 74 Farmers
- 4) 2-3 years
- 5) 10 kilos/ 25 lbs
- 6) 20 meters/60 feet
- 7) Yes/no

Schnyge Platte Botanical Alpine Garden

- 1) 6,500 feet
- 2) Medicine and to make schnapps
- 3) Shining Plate
- 4) The rock face of the mountain
- 5) 1928

Lauterbrunnen by Bicycle

- 1) Meat, cheeses, and snacks.
- 2) Jumping off a fixed object
- 3) 680 meters
- 4) 140 kilometer per/second
- 5) About 87 mph

Bern: The Capital City that sets Its own pace

- 1) Bern
- 2) A Bear
- 3) The time keeper
- 4) 1530
- 5) Chronos
- 6) Make sure the clock never stands still, keeps accurate time, perform maintenance

A trip in a Bottle: Perfumer Brigitte Witschi

- 1) My favorite scent is _____
- 2) Three
- 3) The river, rose garden and the softness of the city.

The Worlds Coolest Commute

- 1) Right through the city of Bern
- 2) A Dry bag
- 3) The Bernese Alps
- 4) float
- 5) The rolling of the stones on the river bed