



# Travel 101: Samantha's Study Guide

*Places to Love* is a travel show that focuses on destinations, experiences and the people who make us feel like we are a part of a place.

These companion study guides foster opportunities for conversation and critical thinking. *A great question to ask at the end of every segment:* "What did that person (or group of people) do to connect with other people?"

For more study guides from *Places to Love*, visit <http://samantha-brown.com/study>

## **"Baltimore, Maryland" K-5 Study Guide**

In this episode we touch upon a hero to the anti-slavery movement (Frederick Douglass) as well as a cuisine created by people who were enslaved in the United States. While this is a difficult subject to talk about, we feel it is important to discuss it openly and acknowledge this history and culture.

### **Fun Facts:**

- The first United States post office system was inaugurated in Baltimore in 1774.
- The first dental school in the world was founded in Baltimore in 1840.
- The first telegraph line in the world was established between Washington, D.C., and Baltimore in 1844.

## **EXPLORING HISTORIC FELL'S POINT**

1. What is the "Ellis Island of Baltimore"?
2. What year did Fredrick Douglass go to Baltimore, Maryland?
3. How old was Frederick Douglass when he arrived in Baltimore, Maryland?
4. When did Fredrick Douglass escape slavery?

**Did you know?** *"Charm City" was a major shipbuilding center for the original 13 colonies. It also served as a hub for immigration.*

## **FARM FRESH SOUL FOOD**

1. What kind of food does Ida B.'s Kitchen serve?
2. What kind of ingredients does Chef David Thomas use?
3. Have you had soul food before?
4. Fill in the Blank: "Ida B's Table, where there is a \_\_\_\_\_ for everyone."

**Did you know?** *The restaurant is named after Ida Bell Wells-Barnett, more commonly known as Ida B. Wells. Born in 1862, Wells was an investigative journalist, educator, and one of the founders of the NAACP. The National Association for the Advancement of Colored People's goal is to ensure a society in which all individuals have equal rights without discrimination based on race. For more information visit <https://www.naacp.org/>*

## **A FESTIVAL THAT'S SWEET AS HONEY**

1. What is "Hon" short for?
2. How many years has HonFest been occurring?
3. Why was HonFest started?
4. Besides Honfest, what are a few charitable activities these women participate in?

## THE QUEEN OF BALTIMORE'S ART SCENE

1. What are three museums Joyce has had art exhibited in?
2. Have you ever seen beads and beading used in sculpture?
3. What does Joyce hope people get from her art work?
4. What renowned award did Joyce receive in 2016?

## ART AS A CATALYST FOR OPPORTUNITY

1. What is "Visionary Art"?
2. What are two examples of different materials used in the creation of art at the AVA?
3. What is a remote viewer?
4. What was your favorite piece of art featured at the AVA?

***Did you know?*** Visionary art is defined by the museum as art created by those without formal training. However, it goes deeper than that. Pieces here are made by those looking to express something they can't fully articulate with words so instead communicate through art.

## THE FUTURE OF FOOD

1. Where is some of the food for Stall 11 grown?
2. What kinds of produce are grown?
3. Does your school have a garden?
4. What is Stall 11's slogan?

## **BAGS THAT TELL A STORY**

1. What materials are used to make the bags?
2. Where are the bags designed and manufactured?
3. What are the bags names after?
4. Why is canvas used?

## **THE FUTURE IS FEMALE**

1. Where did step come from?
2. How did step come to the Americas?
3. Is step a form of dance?
4. What can step be compared to?

***Did you know?*** The Step group's name is "Baltimore Leadership School for Young Women". The "BLSYW Way" prepares girls for college, setting high expectations and creating a strong support network.

## **Activities**

**Want to learn more about Step? Watch the Step documentary movie, available on Amazon Prime (<https://www.amazon.com/Step-Blessin-Giraldo/dp/B074SZ1GBD>)**

**Make your own soul food inspired mac and cheese! I promise, it's better than the stuff out of the box. <https://divascancook.com/southern-baked-macaroni-and-cheese-recipe/>**

## Answer Key

### **EXPLORING HISTORIC FELL'S POINT**

- 1.The Recreation Pier
- 2.1826

- 3.8 years old
4. September 3, 1838

### **FARM FRESH SOUL FOOD**

- 1.Modern soul food
- 2.Fresh, organic, local, some sourced from within Baltimore

- 3.Yes/No
- 4.Seat

### **A FESTIVAL THAT'S SWEET AS HONEY**

- 1.“Honey”
- 2.25
- 3.To celebrate the “Hon’s”, the working women of the 50’s and 60’s

- 4.Feeding Veteran’s and visiting children in the hospital

### **THE QUEEN OF BALTIMORE’S ART SCENE**

- 1.Smithsonian, Metropolitan Museum of Art, and the Baltimore Museum of Art
- 2.Yes/no

- 3.The ability to see, feel, investigate. She just wants them to think!
- 4.MacArthur Genius award

### **ART AS A CATALYST FOR OPPORTUNITY**

- 1.Art produced by self taught people, with no formal training
- 2.Match sticks and bottle caps
- 3.A person who had the ability to project their consciousness to a target location

- and report on it without actually being there
- 4.My favorite piece of art was \_\_\_\_\_

### **THE FUTURE OF FOOD**

- 1.A charter school in the city
- 2.Herbs, Leafy greens

- 3.Yes/No
- 4.”Good, Honest Food”

### **BAGS THAT TELL A STORY**

- 1.Canvas and Leather
- 2.Baltimore

- 3.Baltimore streets
- 4.It wears well

### **THE FUTURE IS FEMALE**

- 1.Africa
- 2.Through the Transatlantic Slave Trade

- 3.No
- 4.Military movement and gymnastics.